

Prior to Botox

Stop taking medication that can thin the blood. A week before you get Botox injections, stop taking:

- Aspirin
- Ibuprofen, either generic or Advil, Aleve or Motrin
- Excedrin
- St. John's Wort
- Vitamin E
- Fish Oil or Omega-3's
- Ginko Bilboa
- Ginseng

This will minimize any potential post-Botox bruising. If you have to take pain medication, Tylenol is okay.

- You should not be pregnant or nursing
- Avoid strenuous physical activity
- Avoid consuming large amounts of alcohol

The known complications could include:

- Redness, swelling/edema, itching, pain or pressure lasting more than one week
- Nodules or induration on/at the injection site
- Discoloration on the injection site
- Poor effect
- Allergic reactions
- The effects of Botox are apparent 2-5 days after treatment
- The effects usually last 4-6 months. Periodic retreatment will be necessary to maintain the effects of Botox
- Repeated treatment may lead to permanent loss of muscle tone in the treated area
- Bruising
- Facial asymmetry
- Paralysis leading to droopy eyelid and double vision
- Some patients may experience weakness or flu-like symptoms
- Some patients may develop antibodies to Botox

After Botox:

- No laying down or reclining for four hours after injection
- No scratching or rubbing the injected area
- No bending forward for four hours
- Makeup should be avoided for one to two hours after injection



CONSENT FOR BOTOX INJECTION

NATURE AND PURPOSE FOR BOTOX COSMETIC INJECTION

I authorize Denise M. Pieczynski, DMD to treat one or more of the following areas:

- Frown
- Forehead
- Crow's feet
- Lower face

With injections of BOTOX Cosmetic for the purpose of attempting to cause the treated muscles to temporarily weaken or lose their function allowing the overlying skin lines to soften or smooth in appearance. BOTOX is a purified form of botulinum toxin A, a protein that is produced by the bacterium Clostridium botulinum. Injections of small amounts of botulinum toxin A into muscles block the release of a chemical that would otherwise signal the muscle to contract. The treatment usually begins to work within 24-48 hours; though the full effect may not be evident for 10-14 days and can last up to 4 months. The Food and Drug Administration (FDA) has approved the cosmetic use of Botulinum Toxin Type A for the temporary relief of moderate to severe frown lines between the brows and recommends that the procedure be performed no more frequently than once every three months. Treatment of other areas and at shorter intervals is considered an "off label" use of this product.

ALTERNATIVES

I understand that treatment alternatives may exist.

1. No treatment
2. Injection of filler material
3. Surgical procedures such as a forehead lift

RISKS AND COMPLICATIONS

The nature of the treatment to be performed has been explained to me in terms I understand.

- I understand that among the known risks are: Discomfort at the injection site, over relaxation of the overlying tissues such as the eyebrow or eyelid or interference with opening the eye(s).
- I am aware that in addition to risks specifically described above, there are known risks such as but not limited to: development of immune related "resistance" to Botox rendering further treatment ineffective, minor local swelling, bruising and/or redness at the injection site; transient headache, nausea and/or flu-like symptoms; transitory eyelid swelling, swallowing, speech or respiratory disorders, disorientation, double vision, temporary asymmetry of appearance, abnormal or diminished facial expression, inability to smile if injected in the lower face, facial pain, areas of numbness at the injections site, and product ineffectiveness.
- I understand and accept that long-term effects of repeated use of Botox are as yet unknown. Possible risks that have been identified include, but are not limited to: muscle atrophy, nerve irritability and production of antibodies with unknown effect to my general health.
- I understand that any improvement resulting from treatment of my present skin lines with Botox. Cosmetic is temporary and ultimately will require additional treatment to maintain.



