

If I start getting BOTOX injections, will I have to maintain them to look myself?

Yes..... However, that maintenance could get easier. Botox wears off within three to nine months, depending on how fast your body metabolizes what is injected. But the more often you get them, the less likely you are to need them over time.

Think about it, wrinkles are in part due to overuse of a muscle. Botox works by stopping the muscle movements that cause those wrinkles. So, not only can the injections actually soften the wrinkles that you have, but they can also condition you to stop scrunching your face unconsciously, staving off future lines. Botox also stimulates your skin's natural collagen production. A patient may need so many units of Botox at first, and it may last nine months or longer. Eighteen months later, the same patient may need only half of that amount to get the same results.



Tip: Drinking pineapple juice before and after injections, can help decrease bruising, due to its natural enzymes.



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